



3. What does the rock represent?

a. Who is the wise man?

4. What do these verses teach us about obedience?

a. 1 Samuel 15:22

b. Luke 11:28

c. John 14:15

d. Acts 5:29

e. Romans 6:16

f. James 1:22

5. What is the heart attitude of the one who builds on the rock?

6. What does Scripture say about where our wisdom comes from?

**Heart Check:**

“In my lifetime, I have noticed that the people who possess the most wisdom are the ones who are most obedient to the word, whereas the people who are the most foolish are the ones who are not obedient to the word.”

- When you look at your daily life and what fills your time, would you say wisdom is your pursuit?
- Are you obedient to the Word? What areas do you desire to work on?
- Would others say you are the wise woman from Proverbs 31, building her home upon the Rock? Do you need to make any changes?

## Day 2—Verse 25

*And the rain fell, and the floods came, and the winds blew and slammed against that house; and yet it did not fall, for it had been founded on the rock. --Matthew 7:25*

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1. When we look at Jesus' words in context of Matthew 7:1-29, what do the rains, floods, and winds represent?
2. Read Matthew 16:13-20. Who does Jesus identify as the rock in this passage?
3. How does 1 Peter 2:4-8 give us an even greater illustration of Christ's words in 7:25?
4. From 1 John 5:1-5, how does a true believer build her house?
5. Which gate/path did the wise man choose?

a. Which types of teachers does he listen to?

b. What is the final destination of the wise man?

**Heart Check:**

- How often do you thank the Lord for placing you on the narrow path with your final destination being in His glorious presence? Write a prayer of thanksgiving to God for His kindness to you?

**Day 3—Verse 26**

*Everyone who hears these words of Mine and does not act on them, will be like a foolish man who built his house on the sand. --Matthew 7:26*

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1. Define foolish.

2. Who is the foolish man?









a. What choice is Jesus calling us to make?

b. What choice have you made?

**Heart check:**

- What is your foundation?

**Dig Deeper**

1. Take time to go back through all our lessons on the sermon on the mount. Use a journal to go through all the heart check questions to make sure you are sealing God's Word to your heart.