

Kingdom Citizens –The Sermon on the Mount-Lesson 6

Women of Grace|GraceLife Church

“You have heard that it was said, ‘YOU SHALL NOT COMMIT ADULTERY’; but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart. If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.

“It was said, ‘WHOEVER SENDS HIS WIFE AWAY, LET HIM GIVE HER A CERTIFICATE OF DIVORCE’; but I say to you that everyone who divorces his wife, except for the reason of unchastity, makes her commit adultery; and whoever marries a divorced woman commits adultery.--Mathew 5:28-32

Day 1—Verse 27-28

“You have heard that it was said, ‘YOU SHALL NOT COMMIT ADULTERY’; 28 but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart. --Matthew 5:27-28

1. What is adultery?
 - a. What is the Biblical standard for sexual purity?

2. What does the Old Testament say about adultery? (Exodus 20:14, Leviticus 20:10, Deuteronomy 5:18)

3. What is lust? How are lust and adultery connected?

4. The tenth commandment states that we are not to covet anything that belongs to someone else. How is adultery a violation of the 10th commandment as well as the 7th?

5. What possible other root sins can lead to adultery?

6. Are men the only ones who sin in the area of lust and adultery?

7. What do Proverbs 5 & 7 say about the adulterous woman?

Heart Check

- Do you ever compare your husband to other men?
- Do you ever covet qualities in a man who isn't your husband
- Are you being faithful sexually to your own husband, whether in thought or in what you watch and read?

Day 2—Verse 27-28

*"You have heard that it was said, 'YOU SHALL NOT COMMIT ADULTERY';
28 but I say to you that everyone who looks at a woman with lust for her has already
committed adultery with her in his heart. --Matthew 5:27-28*

1. Read Psalm 119:9-16. How can we seek purity in a sex-saturated culture?
2. What does modesty, both in our clothing and our deportment, have to do with lust?
3. What do these verses tell us about the dangers of lust?
 - a. Proverbs 6:25, 27-28
 - b. 1 Corinthians 6:18

c. Hebrews 13:4

d. 1 Peter 2:11

e. 1 John 2:16

4. How should we respond to sexual temptation?

5. Since we are to put off lust and all sexual sins, what should we put on instead?

6. Read Proverbs 5&7. Is lust and adultery a “man’s problem”?

7. How do these verses obliterate the thinking that sexual sin is only sin when it is acted upon (such a homosexuality)?

Heart Check

- Are you modest in your attire?
- Is it enough to simply say that if a man stumbles over your immodesty, it's his problem, he shouldn't lust? How does this show a lack of love towards our brothers?
- Adulterous relationships don't usually just happen, generally they come out of friendships with the opposite sex. Are there any relationships with the opposite sex that you need to be more guarded over?

Day 3—Verse 29-30

If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. 30 If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell. --Matthew 5:29-30

1. Does Christ literally mean that you should mutilate your body? Why or why not?
2. One of the words used to describe how we are to deal with sin is mortify. What does it mean to mortify something? What does it mean to mortify sin?

3. What are some practical things we can do to protect ourselves from sexual temptation?
To cultivate sexual purity?
4. How do verses 3-6 apply to what Jesus is calling us to do here?
5. From verses 29-30, how serious is sexual sin?
6. Read Genesis 39:6-19. How is Joseph an example to us of how we are to treat sin and temptation?
7. Why is it not enough to deal with the outward expression of sin? Why is it so important to get to the heart attitudes and desires behind our sinful actions? See Mark 7:20-23

Day 4—Verse 29-30

If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. 30 If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell. --Matthew 5:29-30

1. Read Titus 2:3-5.
 - a. What are older women to teach younger women about sexuality?
 - b. If you are an older woman, how can you teach purity to younger women?
 - c. If you are a younger woman, how can you be open to being taught about purity?
 - d. What are some practical ways that we can all grow in purity?
2. Read the following verses. What do they say about sin and how to deal with it?
 - a. Romans 6
 - b. 1 Corinthians 5:1-2, 9-13

c. 1 Corinthians 6:13-20

d. Galatians 5:19-21

e. Ephesians 5: 3-5

f. Colossians 3:5

g. 1 Thessalonians 4: 3-7

3. In verse 29-30, what does Jesus say is the consequence of on-going unrepentant sin?

Heart Check

- Is there anything in your life that you need to cut off to deal with sin?
- How serious are you about sexual sin? This could include the movies that you watch, the books you read, and the websites that you look at.

Day 5—Verse 31-32

“It was said, ‘WHOEVER SENDS HIS WIFE AWAY, LET HIM GIVE HER A CERTIFICATE OF DIVORCE’; but I say to you that everyone who divorces his wife, except for the reason of unchastity, makes her commit adultery; and whoever marries a divorced woman commits adultery. --Mathew 5:28-32

1. Where is this saying from?
2. According to this passage and 1 Cor. 7:15, what are the only two allowable reasons for divorce given in Scripture?
3. Since God hates divorce (Mal. 2:16), why does he allow it?
4. Give a Biblical definition of marriage.
 - a. What is marriage meant to represent? Use Scripture to support your answer.

- b. How does divorce distort that picture?
- 5. What does Jesus mean by sexual immorality?
- 6. How does Jesus raise the standard of marriage here? What are the consequences?
- 7. What are some practical ways that we can protect our marriages? The marriages of others?
- 8. Divorce tears apart families. Why is the family so under attack today?

Dig Deeper:

- 1. Read the Mortification of Sin by John Owen:
<https://www.chapellibrary.org/book/mosi/mortification-of-sin-owenjohn>
- 2. Read the Chapel Library Pamphlet on Mortification:
<https://www.chapellibrary.org/book/mortfg/mortification>