

Kingdom Citizens –The Sermon on the Mount-Lesson 3

Women of Grace | Gracelife Church

You are the salt of the earth; but if the salt has become tasteless, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled under foot by men.

“You are the light of the world. A city set on a hill cannot be hidden; nor does anyone light a lamp and put it under a basket, but on the lampstand, and it gives light to all who are in the house. Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven. --Matthew 5:13-16.

Day 1—Verse 13

You are the salt of the earth; but if the salt has become tasteless, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled under foot by men. --Matthew 5:13

1. Salt adds flavor, but it can also be used as a preservative, it makes us thirsty, and it has healing properties. How might a Christian being the salt of the earth have the same effects on the culture around us? How might a Christian failing to be the salt of the earth affect the culture around us?
2. What are some ways that Christians can lose their saltiness?
3. What are some ways that Christians can maintain their saltiness?

4. Is this verse teaching that Christians can lose their salvation? Why or why not?

5. What is the connection between verses 3-11 and verses 13-16?

6. Do you believe the western church has lost its saltiness? Why or why not?

7. What is the warning in this passage?

Heart Check:

“Simply put, citizens of God’s Kingdom hold back the natural decay of a rotting fallen world.” --
Susan Heck.

- Does this reflect your life?
- In what ways can your saltiness be more pleasing to those around you?
- Are there any “contaminants” that you need to repent of or are you in danger of being no longer good for anything?

Day 2—Verse 14

You are the light of the world. A city set on a hill cannot be hidden; --Matthew 5:14

1. Go into a room without windows and turn off all the lights. Describe what the darkness is like.
2. What effect does light have in the darkness?
3. Why does the world need salt and light?
4. We are the light of the world only as we reflect the light of another. Who is the source of that light?

d. 1 Thessalonians 5:5-8

e. 1 John 1:7

4. Give an example of how a Christian might put their light under a basket.

5. What is a consequence of putting your lamp under a basket?

6. One of the ways we give light to all who are in the house is to share the gospel. Write out a gospel presentation. What key points must we share with others?

Heart check:

- Do you ever hide your light from others? If so, why do you do that? Confess any sin in this area of your life and ask God for wisdom and help to let your light shine.
- Pray for opportunities to share the light of the gospel today.

Day 4—Verse 16

Let your light shine before men in such a way that they may see your good works, and glorify your Father who is in heaven. --Matthew 5:16.

1. How does Romans 1:16 help us understand why refusing to let your light shine before men is a problem?
2. What are some ways that Christians can shine their light before others?
3. What does Jesus tell us will be the result of letting our light shine before others?
4. How does 1 Peter 2:12 connect to this passage?
5. How does verse 5 help us to let our light shine before others?

6. What does “your Father in Heaven” tell us about God and our relationship with Him?

Heart Check:

- Are you letting your light shine before others? If not, why not?
- Are you being salt to the earth? If not, why not?

Day 5—Further Study on Light from the Old Testament

1. What do the following verses tell us about light?
 - a. Psalm 27:1
 - b. Psalm 119:105, 130
 - c. Isaiah 5:20
 - d. Isaiah 9:2
 - e. Isaiah 42:1-9
 - f. Isaiah 49:6

g. Isaiah 60:20

h. Daniel 2:19-22

i. Micah 7:8

2. What promise do we have in 1 John 2:8?

3. Read Proverbs 31 and Titus 2:5. What ways do we as women let our light shine before men?

Heart Check:

- Whether you are married or single, in what ways is your light shining in your home? Are there any areas the Lord needs to work on in you?

Dig Deeper

1. Investigate salt! What are the primary uses of salt? Give thanks to God for the good gift that he has given us in salt.

2. Listen to Pastor James' sermon on Christ being "The Light of the World."

<https://gracelife.ca/sermons/the-light-of-the-world/>