



3. Paul exhorts us to “keep seeking the things that are above.” What does the word “keep” tell you about this process in the Christian life?
  - a. “Keep seeking” is a command. How should this change/and or order your thinking/priorities?
  
4. What are the things that are above?
  
5. Find at least one other passage that speaks of Christ being at the right hand of God.
  
6. What is the significance of Christ being seated at the right hand of the Father?
  - a. According to the following verses, what is Christ’s current role on behalf of his people: Romans 8:34, Hebrews 7:25, 8:1-2, 9:24 and 1 John 2:1?

### Heart Check:

- In our life we can tell what our affections are set on by the things we pursue and seek after. Where are your affections (It might be helpful to log a couple of days on what you spend your time doing to get a good idea of what your priorities are)?

### Day 2—Verse 2

*Set your mind on the things above, not on the things that are on earth. –Colossians 3:2*

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1. “Keep seeking” is a striving or pursuing after. “Set” suggests meditating. How do we set our minds on the things above?
  - a. What does it mean that “set your mind” is a present imperative? How should this change your thinking?
  - b. How is biblical meditation different from the world’s definition of meditation?
2. Read Philippians 4:8-9. What does this passage teach us about how to set our minds on things above?



2. Read Matthew 6:19-21, 24. How does this passage tie in with what Paul is saying here?

3. How should the Colossian believer's mindset be different from that of the Gnostic false teachers?

a. What consumed the false teachers?

4. What do the following verses teach about what is produced in a heart when we set our minds on the things above versus the things on earth?

a. Romans 8:5-7

b. 1 Corinthians 1:10

c. Galatians 5:19-26

d. Galatians 6:8-10

e. James 3:13-18

5. Does setting our mind on the things above mean we never think of anything but heavenly things?

a. How do we make the spheres God has placed us in and the work He has called us into a heavenly work?

6. How can setting our minds on the things above get us through trials, difficulties and disappointments?

**Heart Check:**

- Susan Heck writes, “Perhaps, if we were being faced with the possibility of being sawn in half (Hebrews 11:37) we would be more heavenly minded.” What does she mean by this? Are there any changes you need in your life to be more heavenly minded?
- In Jonathan Edwards Resolution 9 he writes, “Resolved, to think much on all occasions of my own dying, and of the common circumstances which attend death.” How can thinking often of your own death help you to “set your mind on the things above”?

## Day 4—Verse 3

*For you died and your life has been hidden with Christ in God. --Colossians 3:3*

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1. When did we die?
2. Since we do not physically die at salvation, in what way do we die?
3. How is our life hidden?
4. Read Romans 8:31-39. What does this passage teach you about how your life is hidden with Christ?
5. Is there any place that we could be that is safer and more secure than hidden with Christ in God?

6. From these passages, what are some of the blessings that are granted to us when we are saved?

a. John 10:28

b. John 14:16

c. Romans 5:10

d. 1 Corinthians 6:11

e. 2 Corinthians 5:17

f. Ephesians 1:5

g. Ephesians 1:11

h. 1 John 1:9







6. What is this blessed hope Paul is reminding us of? See Colossians 1:5, 1 Thessalonians 4:13-18 and Philippians 3:20-21.
  
  
  
  
  
  
  
  
  
  
7. Gnostics teach us a lesson in futility. What awaits them if they do not repent? See 2 Thessalonians 1:5-10.

**Heart Check:**

- Are there changes you need to make to keep your thoughts more on Christ? How will you do this?
- What are the attributes of God and how can dwelling on them throughout your day help you face earthly matters?
- How often do you think on Christ, all that He is and has done for you through His life, death, burial, resurrection, ascension, intercession, mediatorial work, and reign?
- Do you leave your thoughts of Him merely when you finish your devotional or at the end of the sermon or do you carry them with you throughout your day?

**Dig Deeper:**

Booklets for teaching you to meditate on the Lord:

<https://www.chapellibrary.org/search?input=meditation>