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d. Galatians 5:22

e. Psalm 16:11

f. Psalm 30:4-5

g. Psalm 63:6-7

3. What is the difference between joy and happiness?

a. Why is that difference so significant in the life of a believer?

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d. Romans 8:26

e. 1 John 5:14

f. Hebrews 4:16

g. Psalm 66:18

h. Luke 6:27-28

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e. 1 Thessalonians 1:2

3. Why do we find it so difficult to be thankful and so easy to complain?

4. Find at least two other passages that tell us what the will of God is in our lives.

5. Write a prayer rejoicing in God and giving thanks to Him for all that He is and for all that He has done for you.

Day 4: Do Not Quench or Despise (vs. 19-20)

“Do not quench the Spirit. Do not despise prophecies,”

1. What does Paul mean by saying “Do not quench the Spirit”? In what way can we quench the Spirit?

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2. From the following verses, what is the role of the Holy Spirit in the life of a believer?
- a. Romans 15:13

b. John 14:26

c. Romans 5:5

d. Ephesians 4:30

e. Acts 5:32

f. Acts 9:31

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Day 5: Be Discerning (vs. 21-22)

“but test everything; hold fast what is good. Abstain from every form of evil.”

“Discernment is not knowing the difference between right and wrong. It is knowing the difference between right and almost right.” — Charles Spurgeon

1. Define Spiritual discernment.
2. Is there anything that is excluded from the word *everything*? Is there any area of your life that you are not testing to see what is true and good? What will you do to change that?
3. What does it mean to hold fast?
4. How do we know what good is? Cite verses to support your answer.

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2. Listen to Pastor James sermon “The Gift of Prophecy” <https://gracelife.ca/sermons/the-gift-of-prophecy/>