

Women of Grace

Day 2: A Thief in the Night (v. 2)

For you yourselves know full well that the day of the Lord will come just like a thief in the night. — 1 Thessalonians 5:2

1. Read Matthew 24:36-44. What similarities do you see between the teaching of Paul and the teaching of Jesus?
2. What is the Day of Lord?
3. Find two other passages in Scripture that talk about the Day of the Lord. How is that day described?
4. What do Joel 1:15; 2:1 and Zephaniah 1:14 tell us about the Day of the Lord?
 - a. What should our hearts be towards unbelievers in light of this?

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Day 3: The Inescapable Labor (v. 3)

While they are saying, “Peace and safety!” then destruction will come upon them suddenly like labor pains upon a woman with child, and they will not escape. — 1 Thessalonians 5:3

1. Scripture gives us a number of signs that will precede the day of the Lord. In light of this, how is it that people will be crying out that they have peace and safety?
2. Is “peace” and “safety” a new concept for false teachers? See Jeremiah 14:13-14, 6:14, 8:11 and 23:17.
3. Who is Paul referring to when he says “them” in verse 3?
4. Paul uses the analogy of a woman going into labour to the destruction that is coming. What is the significance of this?
5. Read Revelation 2-3. What warnings does Christ have for the Church as the Day of the Lord draws near?

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6. Is there any escape for an unbeliever from eternal punishment?

Day 4: The Contrast (vs. 4-5)

But you, brethren, are not in darkness, that the day would overtake you like a thief; for you are all sons of light and sons of day. We are not of night nor of darkness; — 1 Thessalonians 5:4-5

1. Read Ephesians 5:8. How does this relate to 1 Thess 5:4-5?
2. Which two groups of people are being contrasted in verses 4-11?
3. Who are the heads of the two groups of people?
4. Do a word study about light and darkness. What does Scripture say these?

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5. What comfort does Paul give to the Thessalonians? What comfort do we find in this verse?

Day 5: Are you sleeping? (v. 6)

so then let us not sleep as others do, but let us be alert and sober. — 1 Thessalonians 5:6

1. What is the phrase “so then” referring to?

2. What does it mean for a believer to sleep?

3. What does it mean to be alert?

4. What does it mean to be sober?

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6. Are there any areas of your Christian life in which you're becoming sleepy? Any areas in which you are fully asleep? What will you do about this?

Dig Deeper

1. Read Ephesians 6:10-18. What are the pieces of the armour of God? What does God do with each, and what should we do with each?
2. Do a word study on wrath (*orgē*).
3. Write a prayer of thanksgiving that the Lord has caused you to be a son of light.
4. Do a character/attribute study on the Justice of God.

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5. Read Revelation 4-5. Who starts the Day of the Lord and the Tribulation period of Judgement?