**Passing the Baton, a Study of 2 Timothy – Lesson 5**

Women of Grace | GraceLife Church

*For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day. Retain the standard of sound words which you have heard from me, in the faith and love which are in Christ Jesus. Guard, through the Holy Spirit who dwells in us, the treasure which has been entrusted to you. -* 2 Timothy 1:12-14

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| **Day 1** | The Unashamed Life  *For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day*. —2 Timothy 1:12 |
| 1. | For what reason does Paul suffer these things? |
| 2. | What are the “things” that Paul is referring to? See also 2 Cor. 11:22-28. |
| 3. | How does Romans 8:18 help you more fully understand Paul's argument here? |
| 4. | Why is Paul unashamed? |
| 5. | How might shame of the gospel manifest itself in our lives? |
| 6. | When you suffer, are you suffering for righteousness sake or merely a consequence of your sin? |
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| **Day 2** | The Ruler of the Unashamed Life  *For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day.* —2 Timothy 1:12 |
| 1. | Notice here how Paul does not say “in what I have believed”, but “in whom I have  Believed.” Why do you think Paul worded it that way? |
|  | 1. Whom has Paul believed and why? |
| 2. | “*Oida* (know) carries the idea of knowing with certainty,” (John MacArthur). How does this help you better understand Paul’s confidence in Christ? |
|  | 1. Is this your confidence? |
| 3. | Write out who God is and how one comes to believe in Him. Use Scripture to explain your answer. |
| 4. | Who is your faith grounded in? Can you echo Paul's words and know in whom you  have believed? If not, we urge you to seek salvation today! |
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| **Day 3** | The Ruler of the Unashamed Life  *For this reason I also suffer these things, but I am not ashamed; for I know whom I have believed and I am convinced that He is able to guard what I have entrusted to Him until that day.* —2 Timothy 1:12 |
| 1. | Why was Paul convinced that God was able to guard that which was entrusted to Him? |
|  | 1. Are you convinced that God is able to keep and guard you? |
|  | 1. If you are, thank Him for that wondrous gift! If you are not, talk to someone and strengthen your faith today! |
| 2. | Is there anything that can keep God from being able to do what He says He will do?  See Rom. 8:35-39. |
| 3. | What day is Paul referring to here? |
|  | 1. Why was it important for Paul to have his heart set on “that day”? |
|  | 1. How often is your heart set on “that day” amid difficulty? |
|  | 1. Are you cultivating a thought and prayer life set on the moment you will finally see Christ? If not, what can you do to change this? |
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| **Day 4** | The Retaining of the Unashamed Life  *Retain the standard of sound words which you have heard from me, in the faith and love which are in Christ Jesus.* –2 Timothy 1:13 |
| 1. | What does it mean to “Retain the standard of sound words” (the ESV translates this as “Follow the pattern of the sound words”; the KJV, “Hold fast the form of sound words”)? |
|  | 1. What does it mean to have a standard? How do you follow a standard? |
|  | 1. What would that look like in your own life? |
| 2. | What are the “sound words” to which Paul is referring? |
| 3. | What happens in the heart of a Christian when we fail to follow this command? |
| 4. | How does 2 Timothy 4:3-4 connect to the idea of sound words? |
|  | 1. What sober warning is implied when we look at these two passages together? |
| 5. | Can a Christian lead a holy life while willingly holding to unsound doctrine? |
| 6. | What does it mean to retain sound words in faith and love which are in Christ Jesus? |
|  | 1. What can happen when we “Retain the standard of sound words”, but neglect the “faith and love that are in Christ Jesus”? See 1 Cor. 13:1. |
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| **Day 5** | Guarding the Unashamed  *Guard, through the Holy Spirit who dwells in us, the treasure which has been entrusted to you.* —2 Timothy 1:14 |
| 1. | Define “guard”. |
| 2. | What are we to guard? |
|  | 1. How are we to guard this? |
| 3. | What is the treasure that has been entrusted to us? |
| 4. | What is the danger in making the message of the gospel more palatable to the world? |
| 5. | Paul wanted Timothy to guard the truth of the gospel and hand it down to faithful men in the church who would also teach others (2 Tim 2:1-2). Satan loves to attack the leadership of the church in this area; why do you think that is? |
| 6. | How does James 3:1 expand your understanding of the importance of “guarding the  treasure entrusted to us”? |
| 7. | Pray for our church and its leadership that we will continue to be “faithful to guard  the treasure that has been entrusted to us”. |
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|  | **Dig Deeper** |
| 1. | Share your gospel presentation from Day 2, Q. 3 with someone. |
| 2. | Each day pray for your leaders. |
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