**Passing the Baton, a Study of 2 Timothy – Lesson 3 – The Qualities of a Sincere Faith**

Women of Grace | GraceLife Church

*For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands. For God has not given us a spirit of timidity, but of power and love and discipline.*

2 Timothy 1:6-7

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| **Day 1** | Remembering  Read verses 1-7 each day and as many times as you can throughout the week  *For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands*. – 2 Timothy 1:6 |
| 1. | What does Paul point back to when he says, “For this reason”? |
|  | 1. What significance does this (a sincere faith) have in Paul’s following instruction? |
| 2. | What did Timothy need to be reminded of and why? |
|  | 1. How are you reminding yourself of truth? Is there anything you need to put in place as a reminder of the truth? |
|  | 1. What truths do you think are important to be reminding others of? |
|  | 1. Are you actively looking for opportunities to remind others of the truth? |
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| **Day 2** | Kindle Afresh  *For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands.* – 2 Timothy 1:6 |
| 1. | For what reason is Timothy to “kindle afresh the gift of God”? |
| 2. | *To kindle afresh* literally means “to keep the fire alive”. How was Timothy to keep the fire alive? (For help, look for the 4 qualities in verse 7.) |
|  | 1. What application of this could we apply to our spiritual walk? |
|  | 1. Look up this verse in the ESV and HCS. What other ways is “kindle afresh” translated? How does this help you understand more accurately your roll in personal holiness and using your spiritual gift? |
|  | 1. What steps can you take or encourage others to take as they seek “to keep the fire alive”? |
| 3. | What is “the gift of God” Timothy had been given? |
| 4. | Read 1 Timothy 4:14. How does this give you a fuller idea of what Paul is reminding Timothy of? |
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| **Day 3** | Spiritual Gifts  *For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands.* – 2 Timothy 1:6 |
| 1. | Look back at your answer from Day 2, Question 3. Does each believer have a spiritual gift? Use Scripture to support your answer. |
| 2. | What are we to do with these gifts? |
| 3. | How do you know what your gifts are? |
| 4. | What should you do if you don't know what your gift is? |
| 5. | Why does God give spiritual gifts to his children? |
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| **Day 4** | A Deeper Look at “Kindle Afresh” – Part 1  *For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands. For God has not given us a spirit of timidity, but of power and love and discipline.* –2 Timothy 1:6-7 |
| 1. | Why might Timothy be fearful? |
| 2. | What is the connection between fear and self-control? |
| 3. | Define the word *timidity* (‘*deilia*’ in the Greek). |
| 4. | What does it look like to be timid? |
| 5. | How can we grow in boldness for the Lord? |
| 6. | According to Paul, what three resources has God given us to overcome our fear and timidity? |
|  | 1. What is the antithesis to these three resources? |
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| **Day 5** | A Deeper Look at “Kindle Afresh” – Part 1  *For this reason I remind you to kindle afresh the gift of God which is in you through the laying on of my hands. For God has not given us a spirit of timidity, but of power and love and discipline.* –2 Timothy 1:6-7 |
| 1. | Power (*dunamis* in the Greek) can be seen in many different forms (eg., something very strong, something raw and untamed, something very productive). What is the power that God has given us? |
| 2. | How does power cast out fear? |
| 3. | What kind of love is Paul describing here? |
| 4. | How does love cast out fear? |
| 5. | What do these verses say about self-control in the life of a believer? |
|  | 1. Proverbs 25:28 |
|  | 1. 1 Corinthians 6:12 |
|  | 1. Galatians 5:22-23 |
|  | 1. 1 Timothy 3:2-3 |
|  | 1. Titus 2:11-12 |
|  | 1. 2 Peter 1:5-8 |
| 6. | How does discipline (self-control) cast out fear? |
| 7. | How do power, love, and discipline go together? What might happen when we neglect one of those three gifts? |
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|  | **Dig Deeper** |
| 1. | If you are by nature a shy person, what does it mean that he has given you a spirit of power? |
|  | 1. If you are by nature an outgoing person, what does it mean that he has given you a spirit of power? |
| 2. | Spend some time in prayer thanking God for the power, love, and sound mind that he has given to you. |
| 3. | Listen to Susan Heck’s session, “5 Truths which must be Remembered When Using Your Spiritual Gifts!”  https://www.youtube.com/watch?v=3F1Ak5RmZjQ&ab\_channel=WiththeMaster |
| 4. | Memorize vs 6-7 |
| 5. | Serving is an important quality in the health of any church. Are you a member of GLC or any other church and faithfully using your gifts? Look into our membership classes to start the process of using your gifts faithfully among the local church. |
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