

1 Thessalonians
Lesson 14

Women of Grace

Winter 2021

The Day of the Lord – Part 2
1 THESSALONIANS 5:7-11

For those who sleep do their sleeping at night, and those who get drunk get drunk at night.

— 1 Thessalonians 5:7

1. From last week's lesson, what is the contrast Paul is using in verses 6 & 7?

2. Paul emphasizes sleep and drunkenness as defining unbelievers. What do these two things represent?

3. What connection is Paul making with this verse (v. 7) and the Day of the Lord?

4. Is it possible for “day” people to fall into the deeds of “night” people?

5. What do you think believers are forgetting when they indulge in deeds of darkness or “night”? See Matthew 24:43 and 2 Peter 1:9.

6. With the Day of the Lord in view, our response is not to walk in darkness. What truth does Paul reinforce in Romans 13:12-14?

7. What are you doing to warn those in darkness of the coming day? Pray for opportunities to share the gospel with new people this week.



But since we are of the day, let us be sober, having put on the breastplate of faith and love, and as a helmet, the hope of salvation.

— 1 Thessalonians 5:8

1. Why does Paul reiterate “we are of the day” and to be “sober”? What question and fear is he answering?

2. What familiar Pauline triad do you see in this verse? Cite two other verses where Paul uses it.

3. What does a breastplate protect? What does putting on the breastplate of faith and love protect?

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4. What does a helmet protect? What does putting on the helmet of the hope of salvation protect?

5. What is the faith of a believer based in? What does it mean for a Christian to love God?

6. How would faith, love and hope keep the Thessalonians (and us) from temptation to sleep?

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For God has not destined us for wrath, but for obtaining salvation through our Lord Jesus Christ,
— 1 Thessalonians 5:9

1. How does verse 9 speak to the doctrine of predestination?

2. Which aspect of salvation is Paul talking about here?

3. How do we obtain salvation? If you have never trusted in Christ as your Saviour, we urge you to do so today.



4. What are other ways people try to obtain salvation? Cite verses that tell us Jesus is the only way to the Father.

5. What kind of wrath is verse 9 talking about?

6. Who is destined for this wrath? How does wrath tie into the Day of the Lord?

who died for us, so that whether we are awake or asleep,
we will live together with Him.
— 1 Thessalonians 5:10

1. What does it mean that Jesus died for us? Cite other verses that tell us of His death.

2. What is the contrast between what “night” people will receive and what “day” people will receive?

3. What does Paul mean by “awake” or “asleep”?

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4. What does living with Christ entail? How certain is this? Cite verses that tell us of this future hope.

5. How often do you thank the Lord for our great salvation and our living together with Him? Write a prayer of thanksgiving and seek to daily practice meditating on various aspects of His character and work on your behalf. What was particularly impactful to you this week in your daily meditations?



Therefore encourage one another and build up one another,
just as you also are doing.
— 1 Thessalonians 5:11

1. What is the “therefore” there for?

2. How would verses 1-10 encourage the Thessalonians? How do you
they encourage you?

3. Do you believe Paul answered all their questions and fears in these
ten verses?



4. Have your questions from Lesson 13, Day 1, question 3a been answered?

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5. Don't underestimate the power of encouragement and building others up as the day draws near. Who can you encourage this week to be alert and sober?

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